



mand dietetic practice group of the
Maryland Academy
of Nutrition and Dietetics

2022 VIRTUAL/ ONLINE

Spring Workshop –

Tuesday March 22, 2022

7:45 am – 4:15pm

ONLINE via Zoom

For More Information:

Contact Flora Kessler, MS RD LDN

(fkessler@asbury.org)

with back up Joanne Zacharias MS RD LDN

(zachariasjoanne@comcast.net)

5.0 CPEU hours + 1 credit hour for exhibits

+ 1 hour for intern posters

for RDs/ DTRs =

7.0 total credits approved by CDR



3-22-22 MD DHCC ONLINE SPRING WORKSHOP

7:45- 8:00 a.m.

Quick welcome/door prizes

Flora Kessler, MS RD LDN

8:05a.m. – 9:00am.

Celiac Disease & Irritable Bowel Syndrome

Pam Cureton, RD, LDN

9:00 – 10:00 a.m.

What the Research Says About Complementary and Alternative Medicine in

ESRD

Maiya Slusser, MS, RDN, CD, CNSC

10:00 a.m. – 10:15 a.m.

Exercise Break - Barry Collier

10:15a.m. – 11:15 a.m.

Brain Health and Dementia

Kelly Cuetara, MS, RD, LDN

11:15 – 12:15

Vendors

12:15 a.m. – 12:45 p.m.

Quick lunch and door prizes at end of lunch

12:45. p.m. – 1:45p.m.

Malnutrition-How do we diagnose that?

Stacy Pelekhaty, MS, RD LDN CNSC

1:45 p.m. – 2:00 p.m.

Exercise Break - Barry Collier

2:00 pm - 3:00pm

Nutrition for Mental Health: When Anxiety, Depression, Bipolar and ADHS

are result of Nutritional Deficiencies

Dr. Anne Procyk, ND

3:00p.m. – 4:00p.m.

Interns Poster session

4:00 p.m. – 4:15 p.m.

End-of-day Door Prizes and Raffle, quick business meeting

Joanne Zacharias, MS RD LDN

2022 SPRING WORKSHOP

Professional Affiliation

RD# _____

DTR# _____

Registration Fees

MD-DHCC Member (paid 2021-2022 \$15 fee) \$30.00

Academy of Nutrition & Dietetics Member \$40.00

Students (in full time programs) \$10.00

RD/DTR, non-Academy member \$45.00

All Others \$55.00

**** MD DHCC members will receive a special code in email to use**

in registration

Note- MD DHCC membership calendar for 2021 is

June 1, 2021 to May 30, 2022.

Registration by mail OR online with credit card

<https://www.eventbrite.com/e/md-dhcc-2022-spring-workshop-tickets-261164097847>

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Mail In Registration. Fill in below:

Name: _____

Address: _____

Email: _____

MAIL CHECK AND FORM TO:

MD-DHCC

C/o Stephany Venero, 9206 Grant Ave, Laurel MD 20723

MD DHCC Board:

Chair – Flora Kessler

Chair-elect – Joanne Zacharias

Secretary – Ashley Spence-Harding

Treasurer – Stephany Venero

Nominating Committee – Emily Glass (chair), Emily

Howard & Grace Horgan

Past Chair – Phyllis Fatzinger McShane