# What's Up With the Cup?

The power of Expedite<sup>TM</sup> is now available in a gelatin cup for patients with wounds.



It's all about patient choice!



Eat It!

or

Drink It!

Sugar free
Appropriate for dysphagia diets
Easy to serve on meal trays
2-ounce gelatin cup serving size
Once daily dosing
Tropical Fruit flavor

1 carbohydrate exchange
Ready-to-drink individual bottle
Easy to serve between meals
Small 2-fluid-ounce serving size
Once daily dosing
Peach Mango flavor

2-ounce serving sizes > Better consumption > Fuels collagen production



# Expedite<sup>™</sup> contains a highly concentrated blend of the collagen dipeptides prolyl-hydroxyproline (PO) and hydroxyprolyl glycine (OG) to fuel collagen production.

- **STEP 1: CONSUMPTION**—The 2-fluid-ounce portion is manageable for both patients and caregivers in a choice of liquid or gelatin.
- **STEP 2: ABSORPTION**—Expedite is readily absorbed in the gut to reach the wound site. PO and OG can circulate in the bloodstream for more than 4 hours post-ingestion.
- **STEP 3: DISTRIBUTION**—Expedite reaches the wound site with 30 times the PO and OG content when compared to standard collagen supplements.
- **STEP 4: PROLIFERATION**—PO and OG accumulate in the skin where they stimulate fibroblasts to produce dermal extracellular matrix components. Expedite directly affects the proliferative stage of wound healing by stimulating receptors in fibroblasts to produce new collagen.

## **PLUS** L-citrulline to stimulate nitric oxide production.

L-citrulline is the more efficient and more powerful way to stimulate nitric oxide production when compared to supplemental arginine.



Ingredients: Water, Hydrolyzed
Collagen Peptides, L-Citrulline, Malic Acid,
Carrageenan and Locust Bean Gum,
Natural Flavors, Potassium Citrate,
L-Tryptophan, Sucralose, Potassium
Sorbate and Sodium Benzoate
(preservatives), Yellow 5 and 6.

### **ORDERING INFORMATION:**

Item Number 18803
Tropical Fruit Expedite 36/2-fl-oz cups

Nutrition Factoring per container Serving size 1 cup (2 fl oz)(6	
Amount per serving <b>Calories</b>	<u>45</u>
%Daily Value*	
Total Fat 0g	<u>0%</u>
Saturated Fat 0g	<u>0%</u>
Trans Fat Og	
Cholesterol Omg	0%
Sodium 20mg	1%
Potassium 78mg	2%
Phosphorus 1mg	0%
Total Carbohydrate 1g	0%
Dietary Fiber <1g	1%
Total Sugars 0g	
Includes Og Added Sugars	0%
Protein 10g	
Vit. D 0mcg 0% • Calcium 12m	ng 0%
Iron Omg 0%	
* The % Daily Value (DV) tells you how much a n a serving of food contributes to a daily diet. 2,000 a day is used for general nutrition advice.	



Ingredients: Water, Sucrose, Hydrolyzed Collagen Peptides, L-Citrulline, Malic Acid, Natural Flavors, Citric Acid, Sodium Benzoate and Potassium Sorbate (preservatives), L-Tryptophan, Organic Stevia Leaf Extract.

## **ORDERING INFORMATION:**

Item number 18800 Peach Mango Expedite 48/2-fl-oz bottles

<b>Nutrition Fac</b>	ts
1 serving per container Serving size 1 Bottle (6	60mL)
Amount per serving Calories 10	<u>)0</u>
%Daily	Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 25mg	1%
Potassium 25mg	0%
Phosphorus Omg	0%
Total Carbohydrate 15g	5%
Dietary Fiber 0g	0%
Total Sugars 15g	
Includes 15g Added Sugars	30%
Protein 10g	
Vit. D 0mcg 0% • Calcium 4m	g 0%
Iron Omg 0%	
* The % Daily Value (DV) tells you how much a nu a serving of food contributes to a daily diet. 2,000 a day is used for general nutrition advice.	

For more information visit www.ExpediteHealing.com

Not a sole source of nutrition.

Not for parenteral use. USE UNDER MEDICAL SUPERVISION.

Gluten free and lactose free.



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