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## FEATURES & BENEFITS



- Nutritionally Robust**
  - 2.1 calories per mL
  - 25 g protein per carton to support recovery and weight maintenance/gain
- Specially Formulated**
  - Creamy, indulgent flavors to encourage consumption
  - Suitable for Nectar Consistency / Level 2 Mildly Thick to support individuals with dysphagia
  - Clean label – no artificial flavors or colors
- Convenient**
  - Shelf stable; simply chill and shake before serving
  - Single serve packaging
  - Easy-to-hold cartons with recloseable caps

**LYONS**  
ReadyCare®

2.1 NUTRITIONAL DRINK | 2

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# NUTRITION FACTS & INGREDIENTS



ITEM 10039

Nutrition Facts	
1 serving per container	
Serving size 8.45 fl oz (250 mL)	
Amount per serving	
<b>Calories</b>	<b>530</b>
	% Daily Value*
Total Fat 25g	36%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 230mg	10%
Total Carbohydrate 45g	16%
Dietary Fiber 0g	0%
Total Sugars 45g	
Includes 23g Added Sugars	46%
Protein 25g	
Vitamin D 0mcg	0%
Calcium 784mg	60%
Iron 0mg	0%
Potassium 739mg	15%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: CONDENSED NONFAT MILK, WATER, CANOLA OIL, SUGAR, MILK PROTEIN ISOLATE, CONTAINS 2% OR LESS OF NATURAL FLAVOR, MONOGLYCERIDES, CARRAGEENAN  
**CONTAINS MILK**



ITEM 10038

Nutrition Facts	
1 serving per container	
Serving size 8.45 fl oz (250 ml)	
Amount per serving	
<b>Calories</b>	<b>530</b>
	% Daily Value*
Total Fat 25g	36%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 230mg	10%
Total Carbohydrate 46g	17%
Dietary Fiber 1g	4%
Total Sugars 45g	
Includes 23g Added Sugars	46%
Protein 25g	
Vitamin D 0mcg	0%
Calcium 781mg	60%
Iron 1mg	6%
Potassium 752mg	15%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: CONDENSED NONFAT MILK, WATER, CANOLA OIL, SUGAR, MILK PROTEIN ISOLATE, CONTAINS 2% OR LESS OF NATURAL FLAVOR, COCOA PROCESSED WITH ALKALI, MONOGLYCERIDES, CARRAGEENAN  
**CONTAINS MILK**



2.1 NUTRITIONAL DRINK | 3

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# OTHER HIGH CALORIE NUTRITIONAL SHAKES



INSTITUTIONAL



RETAIL



2.1 NUTRITIONAL DRINK | 4

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# COMPETITIVE COMPARISON



		RC 2.1 Shake	Hormel	Boost	Ensure
NUTRITION Per 8.45 fl. oz	Calories	530	520	530	370
	Total Fat (g)	28	22	26	12
	Total Carbs (g)	45	59	52	46
	Protein	25	22	22	21
	Calcium (%DV)	60	50	20	40
ATTRIBUTES	# of Ingredients	8	19	42	45
	Contains Real Milk	✓	✓	X	X
	Clean Label (No Artificial Flavors or Colors)	✓	X	X	X



2.1 NUTRITIONAL DRINK | 5

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# LYONS PRODUCT COMPARISON



		2.1 Shake	Frozen Shake	2.0 Drink
NUTRITION Per 8.45 fl. oz	Calories	530	420	507
	Total Fat (g)	28	8	18
	Total Carbs (g)	45	71	48
	Protein	25	13	21
	Calcium (%DV)	60	32	48
ATTRIBUTES	# of Ingredients	8	15	25
	Contains Real Milk	✓	✓	X
	Clean Label (No Artificial Flavors or Colors)	✓	X	X
	Shelf Stable	✓	X	✓
	Single Serve	✓	✓	X



2.1 NUTRITIONAL DRINK | 6

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## 2.1 NUTRITIONAL SHAKE RECIPES

### 2.1 RECIPES FOR MILKSHAKES & SMOOTHIES



#### The Elvis Milkshake

In a blender, combine:

- 1 carton 2.1 Chocolate Nutritional Shake
- 1 Tbsp creamy peanut butter
- 1/4 - 1/3 cup whole milk
- 1 ripe banana
- ice cubes

Blend and enjoy!

#### Very Berry Smoothie

In a blender, combine:

- 1 carton 2.1 Vanilla Nutritional Shake
- 1/4 - 1/3 cup whole milk
- 1 tsp whey protein powder
- 1/2 cup frozen mixed berries (strawberries, blueberries, blackberries)
- 1 ripe banana
- ice cubes

Blend and enjoy!



LYONS  
ReadyCare

\*LAUNK

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# Questions?

## Thank you!

from the



Healthcare Team



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