

MD DHCC
Stacy Kim, RD LDN
c/o 4717 Sunflower Drive
Rockville, MD 20853



2017 Fall Workshop

Tuesday, October 3, 2017

7:15 am – 4:15pm

The Gathering Place
6120 Day Long Lane
Clarksville, MD 21029

For More Information:

Anita Gathogo: awmgathogo@gmail.com
or 410-440-1213

6.0 CPEU hours + 1 CPEU for exhibits for RD's, DTRs
and CDM's

7 maximum credits have been approved

MD DHCC Member Fee - \$85

**Please note this is a PAPERLESS workshop please
visit**

**<http://mddhcc.weebly.com> to print workshop
handouts (to be posted)**

PROGRAM GOALS:

By attending this meeting attendees will be able to:

- Describe the relationship of **elevated serum phosphorous** to **Increased Morbidity and Mortality**.
- Learn about different types of stress, what the brain and body do or not do, and how you can take care of yourself! Understand the link **between stress** and **increased physical** and emotional problems, especially for those with chronic illness.
- How to **Contain costs** with Supplements, Thickened Beverages and Juices.
- Understand the **Role of House of Delegates**.
- Be able to identify **Vitamins**, when to recommend and which ones to recommend.
- Get updates on **dysphagia diets**, what can you do as a clinician to help **improve quality of life**.
- **Visit multiple vendors of food & nutrition services** in the exhibit area.

Exhibitors and Door Prize Donations

A full final list will be available at the meeting and posted at <http://mddhcc.weebly.com>

MD DHCC is thrilled to announce:

- **Back by public demand: Yuliya Pharm D this time with a fun and interactive education session on how to decode the confusing language of Vitamins.**
- **Lubna SLP will provide updated information on Dysphagia diets and the RD's role in improving Quality of Life.**
- **Our Joanne Zacharias with shed some light on the positions and roles of House of Delegates you have all wanted clarified.**
- **Linda will explain why Albumin matters; You'll love her sense of Humor!**
- **Cindy will give information so we continue to give supplements when needed and stay within budget.**
- **Sheila will give tips on how to be stress free in a stressful world.**
- **Howard University Students will help with registration and introduction of speakers.**

Free Announcement Board will be available for Job Postings

THE FACULTY

Linda Salamone RD LD CSR

Renal Dietitian – Futurecare Health and Management Corporation

Joanne Zacharias MS RD LDN

Food Service Manager, Fredrick County Sheriff's Department Detention Division

Cindy Cysewski MS RD LDN

Director of Healthcare Sales – Eastern Division
Lyons Magnus, Fresno Ca

Sheila Murphy

Community Wellness Chief
Department of Community Services, Cecil County Government

Yuliya A Klopough BS MH PharmD

Clinical Pharmacy Manager, Life Bridge Health

Lubna Nabulsi MS CCC-SLP

Senior Speech Language Pathologist
Futurecare Health and Management Corporation

MD-DHCC Board

Chair – Anita Gathogo MS RDN LDN

Past Chair – Joyce Geer RD LDN

Chair Elect – LaTanya Clark MS RD LDN

Treasurer – Stacy Kim RD LDN

Secretary – Diane Darcy MS RD LDN

Nominating Committee:

Lori Weller MS RD LDN

Sue Grandizio MS RD LDN

Joselyn King RD LDN

Directions to The Gathering Place and

Parking Information are located on MD-DHCC Website

<http://mddhcc.weebly.com>

THE PROGRAM

7:15 am - 8:00 am

Registration/ Continental Breakfast/ Early Exhibits

8:00 am – 8:15 am

Welcome and Announcements

Anita Gathogo MS RDN LDN

8:15 am - 9:15 am

Renal Nutrition and the Dialysis Patient

Linda Salamone RD LD CSR

9:15 am - 9:30 am

Exhibits/ Break

9:30 am - 10:30 am

Updates from the House of Delegates

Joanne Zacharias MS RD LDN

10:30 am -11:30 am

Containing costs with Supplements, Thickened

Beverages and Juices.

Cindy Cysewski MS RD LDN

11:30 am - 1:00 pm

Door Prizes, Lunch, Exhibits, Posters

& Meet MD DHCC Board

1:00 pm - 2:00 pm

Stress Management: "It's No Easy Job!"

Sheila Murphy

2:00 pm - 3:00 pm

Decoding the Confusing Language of Vitamins

Yuliya A Klopough BS MH PharmD

3:00 pm - 3:10 pm

Short Break

3:10 pm - 4:10 pm

Understanding Dysphagia Diets: Beyond the List of

Exceptions

Lubna Nabulsi MS CCC-SLP

4:10 pm - 4:15 pm

End-of-day Door Prizes and Raffle

Anita Gathogo MS RDN LDN

2017 Fall Workshop

Professional Affiliation

RD# _____

DTR# _____

CDM# _____

Registration Fees prior to September 12, 2017

MD-DHCC Member (paid 2017-18--\$15 fee) \$85.00

Academy of Nutrition & Dietetics Member \$105.00

Students (in full time programs) \$40.00

RD/DTR, non-Academy member \$115.00

All Others \$125.00

Note membership for 2018 is June 1, 2017 to May 31, 2018; for 2019 - June 1, 2018 to May 31, 2019.

After September 12, 2017 add an additional \$10.00 fee to all rates – as early bird registration ends September 12, 2017

Registration by mail OR online with credit card

Link: <http://tinyurl.com/mddhcc17f>

Mail In Registration. Fill in below:

Name: _____

Address: _____

Email: _____

MAIL in Registration. Mail CHECK AND FORM TO:

MD-DHCC

c/o 4717 Sunflower Drive, Rockville, MD 20853

NOTE. No Refunds after September 25, 2017. Make checks payable to MD-DHCC.

Food items at meals/snacks are consistent with regular, vegetarian diet. Special diets cannot be provided.