

# Medtrition Café™

## Minced & Moist

# IDDSI Level 5 Made Simple!

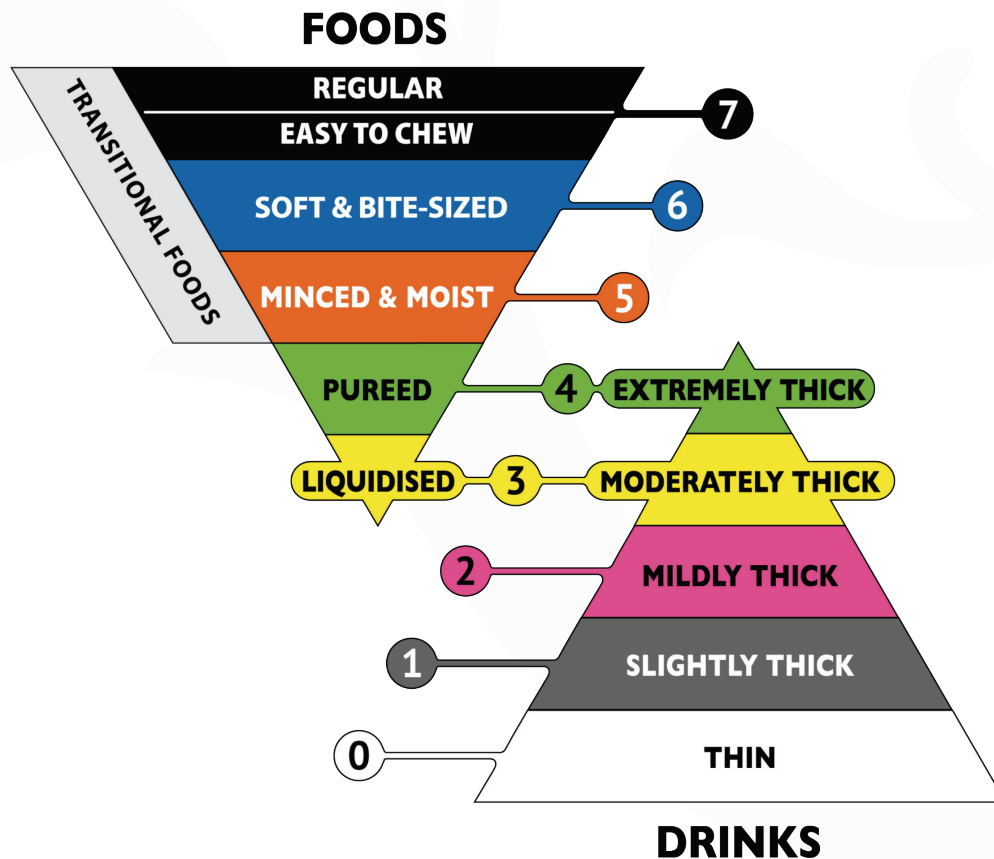
Introducing Medtrition Café Minced & Moist main entrees.

Medtrition Café has taken the guess work out of meeting the challenging needs of the dysphagia diet. With the addition of minced and moist entrée options we are now easily able to bridge the gap in service. Medtrition Café provides minced and moist single serve entrees in 4 different varieties with multiple cooking method options to increase speed of service and decrease labor and waste.

As always - We use clean ingredients, made with real food! No hidden MSG, egg fillers, or mechanically separated meat.



**5 MINCED & MOIST**



SAVORY ROAST BEEF	
<b>Nutrition Facts</b>	
24 servings per container	
<b>Serving Size</b>	<b>3 oz (85g)</b>
Amount per serving	
<b>Calories</b>	<b>150</b>
% Daily Value*	
<b>Total Fat</b> 5g	<b>6%</b>
Saturated Fat 2g	<b>10%</b>
Trans Fat 0g	
<b>Cholesterol</b> 35mg	<b>12%</b>
<b>Sodium</b> 290mg	<b>13%</b>
<b>Total Carbohydrate</b> 4g	<b>1%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 22g	
Vit. D 0.3mcg 2% • Calcium 10mg 0%	
Iron 1.2mg 6% • Potas. 230mg 4%	
Phos. 90mg 8%	
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

SOUTHERN STYLE CHICKEN	
<b>Nutrition Facts</b>	
24 servings per container	
<b>Serving Size</b>	<b>3 oz (85g)</b>
Amount per serving	
<b>Calories</b>	<b>140</b>
% Daily Value*	
<b>Total Fat</b> 4.5g	<b>6%</b>
Saturated Fat 1.5g	<b>8%</b>
Trans Fat 0g	
<b>Cholesterol</b> 45mg	<b>15%</b>
<b>Sodium</b> 260mg	<b>11%</b>
<b>Total Carbohydrate</b> 4g	<b>1%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 21g	
Vit. D 0mcg 0% • Calcium 10mg 0%	
Iron 0.5mg 2% • Potas. 260mg 6%	
Phos. 80mg 6%	
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

COUNTRY STYLE PORK	
<b>Nutrition Facts</b>	
24 servings per container	
<b>Serving Size</b>	<b>3 oz (85g)</b>
Amount per serving	
<b>Calories</b>	<b>170</b>
% Daily Value*	
<b>Total Fat</b> 8g	<b>10%</b>
Saturated Fat 2.5g	<b>13%</b>
Trans Fat 0g	
<b>Cholesterol</b> 35mg	<b>12%</b>
<b>Sodium</b> 280mg	<b>12%</b>
<b>Total Carbohydrate</b> 5g	<b>2%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 21g	
Vit. D 0.2mcg 2% • Calcium 10mg 0%	
Iron 0.5mg 2% • Potas. 130mg 2%	
Phos. 80mg 6%	
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

ROASTED TURKEY	
<b>Nutrition Facts</b>	
24 servings per container	
<b>Serving Size</b>	<b>3 oz (85g)</b>
Amount per serving	
<b>Calories</b>	<b>150</b>
% Daily Value*	
<b>Total Fat</b> 6g	<b>8%</b>
Saturated Fat 1.5g	<b>8%</b>
Trans Fat 0g	
<b>Cholesterol</b> 35mg	<b>12%</b>
<b>Sodium</b> 320mg	<b>14%</b>
<b>Total Carbohydrate</b> 4g	<b>1%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 22g	
Vit. D 0.2mcg 2% • Calcium 20mg 2%	
Iron 0.6mg 4% • Potas. 200mg 4%	
Phos. 90mg 8%	
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

**Roast Beef Ingredients:** Beef (salt added), Water, Collagen Hydrolyzate, Modified Food Starch (tapioca and/or corn), Beef Broth (beef broth, salt), Natural Vegetable Flavor (contains canola oil, celery), sea salt, spice and silicon dioxide), Salt, Garlic, White Pepper.

**Chicken Ingredients:** Chicken Meat, Water, Collagen Hydrolyzate, Modified Food Starch (tapioca and/or corn), Chicken Flavor (chicken meat powder, chicken stock, tapioca, maltodextrin, salt, chicken fat and flavoring {contains canola oil and celery}), Salt, White Pepper, Thyme.

**Pork Ingredients:** Pork (may contain up to 20% of a solution of water, salt, sodium phosphate, natural flavor), Water, Collagen Hydrolyzate, Modified Food Starch (tapioca and/or corn), Pork Flavor (pork flavor, salt), Garlic, Salt, White Pepper.

**Turkey Ingredients:** Turkey, Water, Collagen Hydrolyzate, Modified Food Starch (tapioca and/or corn), Turkey Flavor (turkey stock, dried turkey meat powder, salt, turkey fat (contains tocopherol), lactic acid, calcium lactate and flavoring (contains canola oil)), Vegetable Oil (canola, corn and/or soybean oil, TBHQ and citric acid, dimethylpolysiloxane), Salt, Sage, White Pepper. **Contains Soy.**

Aligns with IDDSI Level **5** **MINCED & MOIST**

Also suitable for Level **6** **SOFT & BITE-SIZED** and Level **7** **EASY TO CHEW**

Item Number	Pack size	Case UPC	Description	IDDSI Classification
40002	24-3 oz.	507-94688-40002-7	Roasted Turkey	Minced and Moist 5
40003	24-3 oz.	507-94688-40003-4	Country Style Pork	Minced and Moist 5
40006	24-3 oz.	507-94688-40006-5	Savory Roast Beef	Minced and Moist 5
40007	24-3 oz.	507-94688-40007-2	Southern Style Chicken	Minced and Moist 5



We help people feel better.™

P.O. Box 5387  
Lancaster, PA 17606  
United States  
877.271.3570  
info@medtrition.com  
www.medtrition.com