



**mand** dietetic practice group of the  
Maryland Academy  
of Nutrition and Dietetics

## 2020 Fall Workshop

Tuesday October 13, 2020

8:15 am – 4:15pm

ONLINE via Zoom

For More Information:

Call Phyllis McShane 410.967.6377

[pef@rmcshane.com](mailto:pef@rmcshane.com)

6.0 CPEU hours + 1 credit hour for exhibits  
requested for both RDs and DTRs

### Learning Objectives

1. Malnutrition. Attendees will be able to explain the relationship between the diagnosis of malnutrition and disease in the elderly.
2. Sustainability: Reducing Food Waste. Attendees will be able to describe how sustainability can reduce food waste.
3. Diabetes Management in Older Adults: Recommendations for Comprehensive Care  
Attendees will be able to list one intervention in an older adult with Diabetes
4. PDPM with Updates since Initiation. Attendees will be able to list one new approach to use in practice.
5. Exhibits. Attendees will be able to describe one update from BODP, one food service idea from Gordon Foods, and at least two ideas on texture modified supplements that are available to take back to their practice and use.

## 10-13-20 MD DHCC ONLINE Fall Workshop

### The PROGRAM

8:15a.m. – 8:30a.m.

#### Welcome, Announcements and Business meeting

Phyllis McShane, MS RD LDN

8:30 a.m. - 10:00 a.m.

#### Malnutrition: Part 1

Elizabeth “Betsy” Gallant, MS RD LD CNSC The Cleveland Clinic

10:00 a.m. – 10:15 a.m.

#### Exercise Break

10:30.m. – 11:30 a.m.

#### Malnutrition: Part 2

Elizabeth “Betsy” Gallant, MS RD LD CNSC The Cleveland Clinic

11:30 a.m. – 12:45 p.m.

#### Grab Lunch, Vendor Presentations

12:45.p.m. – 1:45p.m.

#### Sustainability: Reducing Food Waste

Amanda Goldman, MS RD LDN FAND – Gordon Foods

1:45 p.m. – 2:00 p.m.

#### Exercise Break

2:00 pm - 3:00pm

#### Diabetes Management in Older Adults: Recommendations for Comprehensive Care

Shamera Robinson, MPH RDN CDE –

American Diabetes Association:

Associate Director, Nutrition

3:00p.m. – 4:00p.m.

#### PDPM with updates since initiation

Benjamin Adduru, DPT, MS HCM, QCP –

Healthcare Alliance Corporation

4:00 p.m. – 4:15 p.m.

#### End-of-day Door Prizes and Raffle

Flora Kessler, MS RD LDN

## 2020 FALL WORKSHOP

### Professional Affiliation

RD# \_\_\_\_\_

DTR# \_\_\_\_\_

### Registration Fees

MD-DHCC Member (paid 2019-2020 \$15 fee)	\$30.00
Academy of Nutrition & Dietetics Member	\$40.00
Students (in full time programs)	\$10.00
RD/DTR, non-Academy member	\$45.00
All Others	\$55.00

**Note- MD DHCC membership calendar for 2020 is June 1, 2020 to May 30, 2021.**

### Registration by mail OR online with credit card

ONLINE Registration. Access online credit card registration at: <http://tinyurl.com/mddhcc2016s>

### Mail In Registration.

 Fill in below:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

### MAIL CHECK AND FORM TO:

MD-DHCC

C/o Stephany Venero, 9206 Grant Ave, Laurel MD 20723

### MD DHCC Board:

Chair – Phyllis Fatzinger McShane

Chair-elect – Flora Kessler

Secretary – Kelsey Felter

Treasurer – Stephany Venero

Nominating Committee – Miranda Edo (chair),

Emily Glass & Emily Howard

Past Chair – Cheryl Frazier Trusty